

# Collab Parenting Tip

When your child is throwing a tantrum, now is not the time for...

- Teaching
- Negotiating
- Reasoning
- Punishing



Tantrums are developmentally normal. The toddler brain is developing and they are learning to manage their emotions, controlling their bodies and communicating. During a tantrum, let your calm be contagious and reflect upon what happened **AFTER** they have calmed down.

[Collabforchildren.org](http://Collabforchildren.org) for more parenting tips.