

Home Activity Card



Share a Book

Encouraging social skills can be a good thing in the community as it builds confidence and promotes healthy relationships with others. Explore ways that you use to socialize with others and post them using the hashtag #grow2gether.

Children naturally are social beings when provided the opportunity to be. Sometimes it may take much patience and time to introduce and connect before your child feels comfortable and confident to talk to others freely. You can help by enabling this with role modeling.

Invite your child to explore a book with someone else. This could be a sibling, friend, or anyone you feel comfortable with. Ask your child to pick it out. Then, suggest that they let the other person have a pick. Encourage verbal exchange such as thoughts on pictures or the story.

Remember, children need guidance with how to approach others. Through role modeling, they can succeed in getting there. As we offer ways to let them connect through conversations and interactive activity, we are helping build confidence in their capabilities.

Learning on the Go!

- Plan a playdate! Invite a friend or get to know someone new. You might even consider a virtual visit, or phone call as well.
- Discuss words or phrases with your child you find helpful to engage a healthy conversation. Ex: Can I help? What kinds of things do you like? Can you help me?

Share with us! We would love to see how you did this activity. Use the hashtag #grow2gether so we can find it!



#grow2gether

