



## Mail a Friend

*Encouraging methods of engaging activities that discover new ways of doing things through others teaches invitation to diversity and accepting differences. Feel free to share your moments of fun traditions with us using #grow2gether*

Children take notice in everything around them. They most often can tell differences between others in our communities by sharing conversations with them. People dress different, talk different, look different, may live different, and act different. Obviously, we know this is based on so many factors. However, we can teach them to appreciate differences in others.

Invite your child to a conversation with you. Together, think of something you like doing that makes you unique. This can be making a family recipe, wear clothes that highlight culture, engage in special dances and so forth. Consider sharing your special thing with someone else through a short letter or note. If words get too long, take pictures instead or have your child draw it out, with a note that says “This is what makes me and my family unique, how about you?” Mail it off!

Talking about what makes us unique offers windows of teachable moments with your children. It can assist them in understanding that we are not all the same but that is okay because we can learn from one another. It also encourages children to immerse themselves in other cultures and find a multitude of ways to socialize with others.

### Learning on the Go!

- Heading to the library, or want to virtually check out a book? This is a great opportunity to consider looking for something with your child that could peak his interest in another culture.
- Out at a clothing or big brand store? Use this to create some good conversation with your child. Perhaps, visit the fabric aisle and initiate some comments or questions such as, “See all these patterns? Did you know that people can take these and turn them into their own piece of art to wear?”

Share with us! We would love to see how you did this activity. Use the hashtag #grow2gether so we can find it!

