

# Home Activity Card



## Weigh In

*Encouraging curiosity and exploration helps build connections in the brain. What can you do to encourage the world of math at your fingertips? Discuss the matter of weight with heavy and light concepts to begin with. Take a photo of your math experiences and post them using the hashtag #grow2gether.*

Children take notice in everything even when we do not realize it. This concept may be more meaningful to children in the preschool years although it does not hurt to try it with your toddlers.

Begin with two objects; one heavier than the other. Perhaps grab an apple and a grape. The first thing a child may notice is size in comparison. However, let your child hold both; one in each hand. Use words like heavy and light. Ask questions about which feels heavier and/or lighter than the other.

Have fun trying a variety of objects!

There are many benefits by taking a dive into math concepts, especially when it will be used for most of our lives! Children may not realize it right away. However, concepts such as weight, measurement, comparisons, money, graphing, strategy building, architecture, building, and experiments all use some form of math.

### Learning on the Go!

- At a doctor's visit with your child? Take this opportunity to point out that people get weighed to ensure we are staying healthy.
- How about the grocery store? Utilize the scales in the produce area to compare weights on vegetables and fruits you are purchasing. Use words like more, less, heavy, and light. Also, point how the numbers may go up or down.



Share with us! We would love to see how you did this activity. Use the hashtag #grow2gether so we can find it!



#grow2gether

