

# Home Activity Card



## Nature Walk

*Children love to investigate! Show us what sparks your child's curiosity. Take pictures of the natural things you see as you take a nature walk with your child. #grow2gether*

Children are innate scientists and are naturally drawn to the sights, scents, sounds, and textures of the outdoors.

Outdoor play can foster children's intellectual, emotional, social and physical development. By being outdoors, children can experience an ever-changing and free-flowing environment that stimulates all the senses.

Grown-ups can get in on the fun and provide support to children on nature walks by taking notice of the things that children find interest in. They may find a funny looking bug, try to imitate the sound of a bird, mimic how a squirrel scampers, or take note of clouds that float by on a breeze. Nature provides countless opportunities for discovery, creativity, and problem-solving. Whether they're judging the distance between two puddles before jumping in, or considering where bees go in the winter, children become inquisitive when they're in nature. Experiences on nature walks offer children opportunities for real, authentic learning.

### Learning on the Go!

- Go on a scavenger hunt! Make a picture list of things to find while on your walk such as a leaf, an acorn, a feather... Let your child try to find all the items on the list, and check them off as you go.
- Cloud gaze! Take a moment to let your child stare at the clouds. See if they think the clouds resemble things that are familiar to them.



Share with us! We would love to see how you did this activity. Use the hashtags #grow2gether so we can find it!



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