

Home Activity Card



MY PLANT

Encouraging curiosity and exploration as well as critical thinking and problem-solving through science education helps build connections in the brain. What can you scout with your child? Explore one (safe!) object and post pictures using the hashtag #grow2gether

Children are budding scientists who are intensely curious about the world around them. Science education activities provide children with opportunities to develop and practice many different skills and attributes.

Gardening is very important. It encourages your child to eat healthy. Gardening relieves stress and provides engaging, moderate exercise. It builds a sense of confidence. It can also improve your child's focus and memory.

Invite your child to safely have a piece of lettuce, onion, basil, celery... after seven days transfer it to soil. Break an egg by making a little whole on top of it. Add any grains available at home. Water the plant from day one to day seven. My plant grew and it is ready! You can add more by painting emotion (happy, sad, mad...) faces on the outside of the egg shell.

Learning on the Go!

- If your child is not reading yet, create an observational journal and record your child's observations while watching the plants grow. Day1: observations! Day 2: observations!
- Print it out, show it to your child and explain how the process went and why?



Share with us! We would love to see how you did this activity. Use the hashtag #grow2gether so we can find it!



#grow2gether

