

Home Activity Card



MY CASTLE

Encouraging curiosity and exploration helps build connections in the brain. What can you explore with all five senses? Explore one (safe!) object with all five senses and post pictures. #grow2gether

Children are natural born scientists who are intensely curious about the world around them. Exploring nature such as beach, forest, park, mountains and farms, supports your child's development.

Invite your child to explore an object using all five senses. What does it look like? What does it feel like? How does it look? Does it make a sound? Can you taste it? How does it taste? How does its shape change?

Walking through the sand have many benefits. Shoveling, building, filtering sand, sifting, patting and measuring will help improve your child's gross motors, fine motors and physical skills in a fun exciting way.

In your own yard, at the park or at the beach. Use plenty of water, give the sand time to drain, build a base made out of tightly packed sand and lastly use your imagination to make your castle awesome!

Learning on the Go!

- Video tape yourself and your child while building the sandcastle and use it as a teaching moment whenever home.



Share with us! We would love to see how you did this activity. Use the hashtag #grow2gether so we can find it!



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