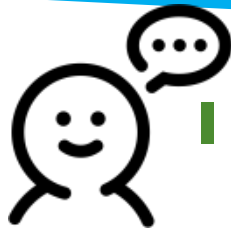


# Home Activity Card



## I Sense Nature!

*Encouraging curiosity and exploration helps build connections in the brain. What can you explore with all five senses? Explore the outdoors with all five senses and post pictures using this hashtag. #grow2gether*

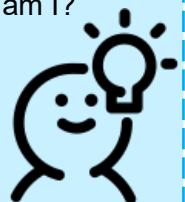
Children are natural explorers who are intensely curious about the world around them. Exploring the natural properties, such as how they look, taste, feel, sound, and smell, supports cognitive development.

Invite your child to explore trees beginning with the sense of touch and sight! Take a neighborhood walk. Ask questions such as “Do all trees look the same?” Encourage your child to guess by sight what it feels like. Next, invite your child to feel the bark. Ask “Does it feel the way you thought it would?”

When we use descriptive language with our children, we spark curiosity. New words, lead to more vocabulary. These opportunities can be used to discuss new meanings and engage in a connection with your children.

### Learning on the Go!

- Next time you are at the park or recreational area, encourage your child to make comparisons with textures of things available such as grass, flowers, concrete, playground structure.
- Play a game of “guess what I hear?” Ex: I hear chirps coming from the sky, what am I?



Share with us! We would love to see how you did this activity. Use the hashtag #grow2gether so we can find it!



#grow2gether

