

THANKS PARENTS

**NATIONAL PARENTS' DAY
is JULY 25th**

5 HELPFUL TIPS FOR PARENTS



1

HAVE A CONVERSATION

Take a moment to sit it down with your children and discuss the meaning of Parents' Day and come up with creative, fun ideas to celebrate as a family.

2

SHARE A FAMILY BREAKFAST

Instead of you cooking breakfast, create the opportunity for the entire family to participate. Assign each family member a task to accomplish. This is a great way to bond and promotes teamwork.

3

ENJOY A FAMILY PICNIC

Gather the family and grab the picnic blankets, enjoyable food and a variety of outdoor games. Locate the perfect place to set up. Keep it simple by sticking with finger foods and quick grabs. Enjoy the family and create memories by celebrating the unity of parenthood.

4

WALK IN THE PARK

Create time to enjoy the beauty of nature and take a drive to the park. This is a great way to de-stress and enjoy the healing energy of nature. Parents can relax while the children explore.

5

TOURIST FOR A DAY

Explore your town as a real tourist. Spend the day visiting places of interest and important landmarks. This is a fun, family-friendly experience for everyone and it is learning at its' best.

THANK PARENTS

At Collaborative for Children, we recognize the important role parents play in early childhood development. See our Resources for Families page at collabforchildren.org for tips and help.